



**Healthy Snacks  
Activities  
Crafts**

**Jefferson City School District - Healthy Celebrations**

We understand that this is an unprecedented and challenging time for school celebrations. We are grateful for your ongoing commitment to creating a healthy environment for our students. We hope that you find these ideas fun and useful.

Please follow school safety and sanitizing requirements when choosing classroom celebration ideas.



## Healthy Snacks



### **Grinch Kabobs**

Ingredients: green grapes, banana, strawberry, mini marshmallow

Supplies: toothpicks

How to: thread fruits slices onto the toothpick



### **Christmas Tree Snack**

Ingredients: low-fat yellow cheese, pretzel sticks, green apple slices, raisins

Supplies: paper plate

How to: get students involved in creating their plate! [Instructions Here](#)



### **Snowman Fruit Cup**

Ingredients: diced pear or pineapple fruit cups

Supplies: orange and black tape or orange and black permanent markers

How to: [Instructions Here](#)



### **Reindeer Food Treat Bags**

Ingredients: Cheerios, raisins, pretzels, sunflower seeds, dried apricots

Supplies: plastic baggies, nametags

How to: fill bags with mixture and write the name of one of Santa's reindeer on the name tag [Instructions Here](#)



### **String Cheese Snowman**

Ingredients: mozzarella string cheese

Supplies: orange and black Sharpies, ribbon, black construction paper

How to: [Instructions Here](#)



### **Christmas Crackers**

Ingredients: Ritz crackers, ham or turkey slices, cheese

Supplies: mini Christmas cutters

How to: [Instructions Here](#)



### **Melted Snowman Water Bottles**

Ingredients: water bottles

Supplies: tape, scissors, [Printable Water Bottle Label](#)

How to: [Instructions Here](#)

## Activities



### **Christmas Bingo** [Printable Bingo Card and Calling Cards](#)



### **Snowman Relay Race**

Teams race to see who can build the snowman the fastest. All you need is toilet paper, scarves and hats!



### **Penguin Race**

Give students red and green balloons and have them race from one end of the room to the other with the balloon held between their knees. They'll look like they're waddling like a penguin! This would work well as a relay race where they pass the balloon to the next person on their team.



### **Christmas Charades**

Just print the [Free Printable](#), cut out each of the charades and place them in a bucket.

[Instructions Here](#)



### **Christmas Stocking Guessing Game**

Pass around Christmas stockings filled with holiday items and see how many items the students can identify without peeking inside the stocking!

[Instructions Here](#)



### **Pin the Nose on Rudolph**

Included in this game is the [Free Printable Rudolph Face](#) and a whole bunch of noses so each student can have their turn.



### **Polar Bear, Polar Bear, Penguin**

Play this game as you would Duck, Duck, Goose, but have the players waddle around the circle like penguins while saying "Polar Bear, Polar Bear, Penguin!"

## Crafts



### **Beaded Snowflake Ornament**

These ornaments are super easy to make. All you need are pipe cleaners, beads, and a wire cutter!

[Instructions Here](#)



### **Christmas Tree Thumbprint Art**

These make great classroom decorations or a perfect Christmas card for the students to bring home!

[Instructions Here](#)



### **Handprint Christmas Tree Card**

Have students make these personalized Christmas cards to give to a loved one!

[Instructions Here](#)



### **Construction Paper Garland**

In the weeks counting down to Christmas, every time a student does something in the holiday spirit (a kind act) they can add a link to the garland chain and write down the act of kindness they committed!



### **Ripped Paper Wreath**

Just cut the center out of a paper plate, grab some different shades of green construction paper, some glue, and some glitter. Students rip paper by hand and glue to cover the plate. Add some dabs of glue and red glitter for holly berries, and a bow if you'd like.



### **Paper Roll Santa**

Students will have fun creating their own Santa out of a toilet paper roll!

[Instructions Here](#)



### **Marshmallow Snowman Ornament**

These ornaments are fun for kids to make and they love getting to bring them home to hang them on their tree! You could use cotton balls instead of marshmallows.

[Step by Step Instructions Here](#)