



JC Schools 2nd Grade PE Yearly Standards

Unit	Priority Standards	Supporting Standards
Unit 1 Movement Concepts (Personal Space, Boundaries, Levels/Pathways, Effort, Body Awareness)	S2.E1.2 Combines locomotor skills in general space to a rhythm.	S2.E2.2 Combines shapes, levels, extensions, and pathways into simple travel, dance and gymnastics sequences. S2.E3.2 Varies time and force with gradual increases and decreases. S2.E3.2.MO Differentiates between bound and free (flow)
Unit 2 Locomotor and Non-Locomotor Skills	S1.E7.2a Balances on different bases of support, combining levels and shapes. S1.E8.2 Transfers weight from feet to different body parts/bases of support for balance and/or travel.	S1.E1.2 Skips using a mature pattern. S1.E2.2a Runs with a mature pattern. S1.E2.2b Travels showing differentiation between jogging and sprinting. S1.E3.2 Demonstrates 4 of the 5 critical elements for jumping and landing in a horizontal plane using a variety of 1- and 2-foot take-offs and landings. S1.E4.2 Demonstrates 4 of the 5 critical elements for jumping and landing in a vertical plane.

		<p>S1.E10.2 Differentiates among twisting, curling, bending & stretching actions.</p> <p>S1.E9.2 Rolls in different directions with either a narrow or curled body shape.</p>
<p>Unit 3</p> <p>Fitness Concepts</p>	<p>S3.E5.2.MO Demonstrates skills necessary to improve fitness levels (e.g. FITNESSGRAM)</p>	<p>S3.E3.2b Identifies physical activities that contribute to fitness.</p> <p>3S3.E4.2.MO Identifies proper warm up and cool down procedures (e.g. static/dynamic stretching)</p>
<p>Unit 4</p> <p>Manipulative Skills - <i>Ball Skills</i> (Underhand throwing, overhand throwing, and catching)</p>	<p>S1.E13.2 Throws underhand using a mature pattern.</p> <p>S1.E14.2 Throws overhand, demonstrating 2 of the 5 critical elements of a mature pattern.</p>	<p>S1.E13.2.MO Throw a ball with different levels of force, toward a target, demonstrating an overhand technique, side orientation to the target, and stepping in opposition.</p> <p>S1.E16.2 Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling against the body.</p>
<p>Unit 5</p> <p>Manipulative Skills - <i>Bounce Exploration</i></p>	<p>S1.E17.2.MO Continuously dribble a ball, using the hands, without losing control.</p>	<p>S1.E17.2a Dribbles in self-space with preferred hand demonstrating a mature pattern.</p> <p>S1.E17.2b Dribbles using the preferred hand while walking in general space.</p>
<p>Unit 6</p> <p>Manipulative</p>	<p>S1.E18.2.MO Continuously dribble a ball, using the feet, without losing control.</p>	<p>S1.E18.2 Dribbles with the feet in general space with control of ball and body.</p>

Skills - <i>Foot Exploration</i>	S1.E21.2 Uses a continuous running approach and kicks a moving ball, demonstrating 3 of the 5 critical elements of a mature pattern.	S1.E21.2.MO Use the inside or instep of the foot to kick a slowly rolling ball into the air or along the ground.
Unit 7 Manipulative Skills - <i>Volleying</i>	S1.E22.2 Volleys an object upward with consecutive hits.	S1.E22.2.MO Use at least three different body parts to strike a ball toward a target.
Unit 8 Manipulative Skills - <i>Striking with Implements</i>	S1.E24.2.MO Strike a ball repeatedly with a paddle toward a target.	S1.E25.2 Strikes a ball off a tee or cone with a bat, using correct grip and side orientation/ proper body orientation. S1.E25.2.MO Striking a self-tossed ball to different distances.