



JC Schools 7th Grade FACS Yearly Standards

Units	Priority Standards	Supporting Standards
Unit 1 Goals and Values 9 days	NASAFACS 1.1.5 Define goals for lifelong learning and leisure opportunities for all family members.	NASAFACS 1.1.6 Develop a life plan, including pathways to acquiring the knowledge and skills needed to achieve individual, family, and career goals.
Unit 2 Wants and Needs 7 days	NASAFACS 2.1.2 Analyze how individuals and families make choices to satisfy wants and needs.	NASAFACS 2.4.2 Analyze how media and technological advances affect family and consumer decisions.
Unit 3 Sewing Machine 13 days	NASAFACS 16.4.1 Demonstrate professional skills in using a variety of equipment, tools, and supplies for fashion, apparel, and textile construction, alteration and repair.	NASAFACS 16.4.5 Demonstrate basic skills for producing and altering textile products and apparel.
Unit 4 Nutrition 9 days	NASAFACS 14.3.1 Apply various dietary guidelines in planning to meet nutrition and wellness needs.	NASAFACS 14.2.4 Analyze sources of food and nutrition information, including food labels, related to health and wellness.

Unit 5 Kitchen Labs 7 days	NASAFACS 9.5.3 Prepare food for presentation and assessment.	NASAFACS 8.5.1 Demonstrate professional skills in safe handling of knives, tools, and equipment. NASAFACS 13.5.7 Demonstrate processes for cooperating, compromising, and collaborating. NASAFACS 8.5.3 Utilize weights and measurement tools to demonstrate knowledge of portion control and proper scaling and measurement techniques
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